



TEAM CANADA SADDLE SEAT EQUITATION 2019 ISSEA INVITATIONAL EVENT APPLICATION FORM

As the governing body for Canada's national Saddle Seat team, Saddle Seat Canada is excited to invite applications for the 2019 ISSEA Saddle Seat Equitation Invitational Test Event, to be held in **Las Vegas, Nevada at the South Point Hotel, Casino & Equestrian Center from Oct 30th – Nov 2nd, 2019**. This event will include team travel on Tuesday October 29th, one day of practice and two days of 3-Gaited competition. Return travel home will be Sunday November 3rd. The California Saddle Horse Futurity Horse Show will be running during this time as well at South Point.

I. EVENT DESCRIPTION AND RIDER ELIGIBILITY:

The Invitational Event will be a 3-Gaited Competition between Canada and the United States. Each country team will consist of 5-6 riders. If a country fields a 6-rider team, 2 riders will share the duties of rail work segment and pattern work segment for each Phase of competition.

Invitational applicants must be:

- ❖ 13 years of age on January 1st of Jan 1st/2019
- ❖ under 22 years of age on Jan 1st/2019
- ❖ must be a Canadian citizen
- ❖ possess a valid Canadian passport
- ❖ possess a current Equestrian Canada Sport License (with Amateur designation if over 18 yrs)
- ❖ possess the applicable provincial equestrian sport organization (PSO) membership (ex. AEF, HCBC, Ontario Equestrian)
- ❖ Current membership with Saddle Seat Canada (membership can be obtained/renewed on SSC website)

Applicants should review all information contained on the Saddle Seat Canada website at www.saddleseatcanada.com to familiarize themselves with Saddle Seat Canada policies and procedures. Riders and parents should carefully assess their ability to make this commitment.

Consideration before applying, should include:

- ❖ time and financial commitment
- ❖ availability for Team Canada practices, clinics and events
- ❖ ability to work well under pressure and stress
- ❖ ability to work with a diverse group of riders, coaches, Board of Directors and clinic representatives
- ❖ ability to accept constructive feedback and ability to respect coaching decisions and strategies
- ❖ commitment to financial obligations

APPLICATIONS MUST BE COMPLETE AND RECEIVED BY THE DUE DATE TO BE CONSIDERED.

Invitational Applications must be received no later than **July 1, 2019** and must be mailed with the required attachments as noted on the following pages.

II. SELECTION CRITERIA:

Trials will not be held to select Canada's Invitational Test Event team. Selection of the 2019 Invitational Canadian Team will be made based on Application score and Video submission score. Video applications will be judged by Ian Degruchy, Allison Deardorff, Lewis McKim and Carol Roe. The judges' scores will be based on Rail Work, Pattern #2 and Pattern #3 contained in the application Video. Scores will be provided to Saddle Seat Canada for final consideration.

Application scores will be based on a perfect score of 100 and includes the following components:

- Show experience – 20 points
- Equitation experience – 20 points
- International show experience – 10 points
- Fitness test scores – 20 points (fitness test and score sheets attached)
- Neatness and organization – 10 points
- Show attire – 10 points
- Overall horsemanship – 10 points

The average Rail Work score, Average Pattern score and the Average Application Score will be combined for an overall Individual Average Score.

III. TEAM SELECTION AND NOTIFICATION:

- Athletes selected to attend the 2019 Invitational Competition will be notified no later than **July 15th, 2019**.
- **Selected Team Canada Member Athletes will be invited to sign an acceptance letter. At which time, the required competition fee of \$2,500.00 per rider will be required. Cash, Cheque or Money Order payable to *Saddle Seat Canada* is to be mailed to: 22128 TWP RD 510 Sherwood Park, AB. T8E 1G8. *****Cheques must be received by July 20th, 2019*******
- Saddle Seat Canada will officially name the Invitational Team after all selected athletes have returned their acceptance letters and all competition fees have been received.
- If a selected athlete declines the invitation to be a member of Team Canada or is not otherwise able to fulfill the obligations of a named team member by July 20th, the athlete with the next highest application score will be offered a place on the team.
- Athletes named to the team will be required to attend one SSC Team training event or clinic in the summer of 2019.
- Applicants will receive feedback regarding their Applications.

Saddle Seat Canada looks forward to an exceptional Invitational Event Team for 2019 and should you have any questions about the application or the application process, kindly email admin@saddleseatcanada.com.

IV. APPLICATION ATTACHMENTS & REQUIREMENTS:

Invitational Applications must be completed in full and include all required documents and attachments (detailed below) in one envelope. Please mail your application package well in advance of the deadline to ensure it is received by SSC no later than **July 1, 2019**. **Mail completed application packages to:**

**Saddle Seat Canada
Attention: Rachelle Reichert
22128 TWP RD 510
Sherwood Park, AB T8E 1G8**

1. ATTACHMENTS: all attachments must be included with your Application, in one envelope

- Application Fee Cheque in the amount of \$100.00
- Completed Application form, fitness testing and signed Code of Conduct Policy Statement
- A show photo of applicant in Saddle Seat riding attire, on a horse
- A head shot photo of applicant in Saddle Seat attire. SCC also asks that a digital copy of this photo also be emailed to **admin@saddleseatcanada.com**
- Video of applicant (as per Video Test Requirements as stated below) uploaded to YouTube (use private setting) submit YouTube link with application
- Copy of applicant's Canadian passport
- Proof of applicant's membership, in good standing, to Equestrian Canada and Provincial equestrian sport organization

2. VIDEO TEST:

A. REQUIREMENTS:

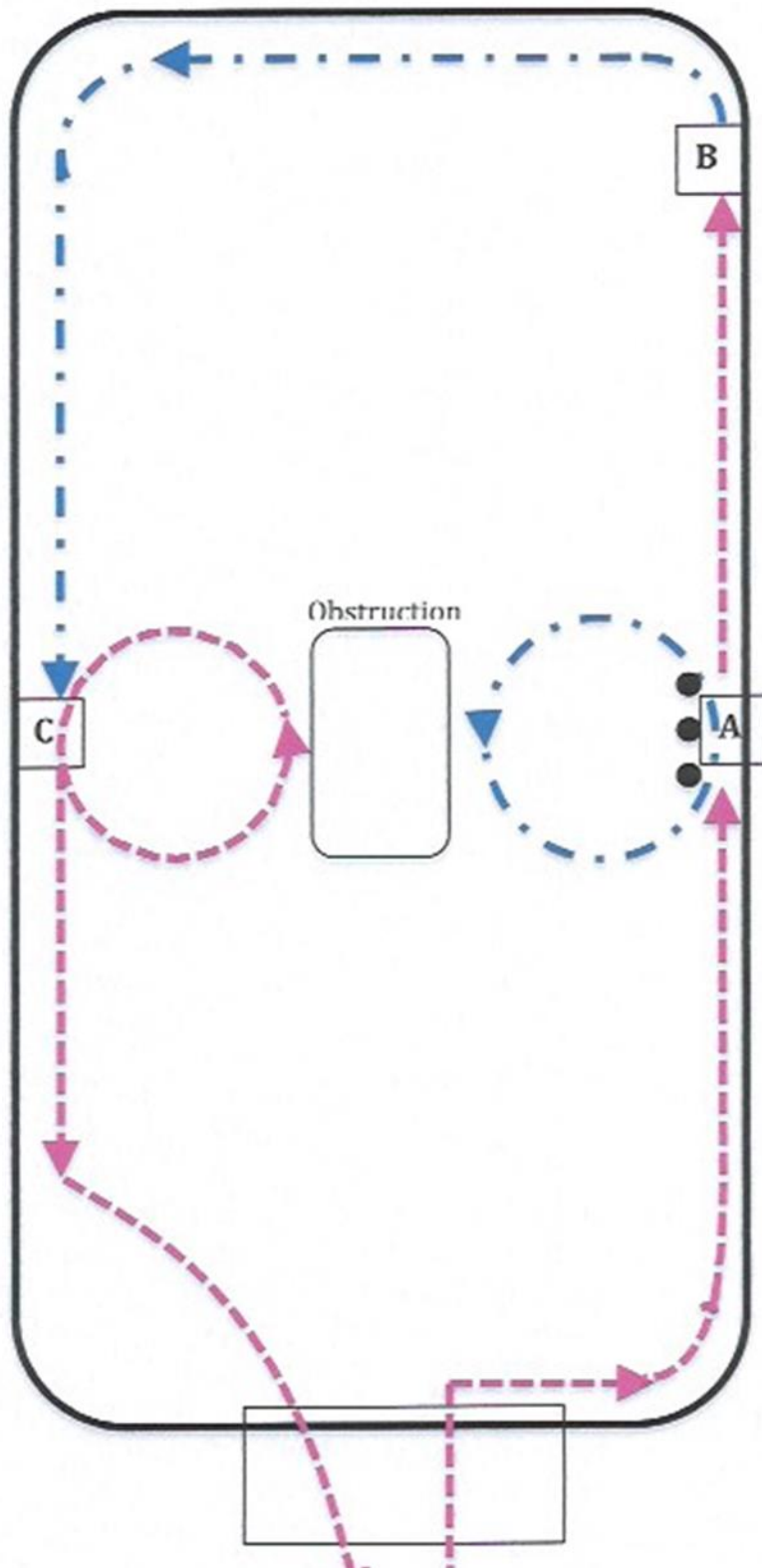
- Video submissions must be unedited from start to finish.
- Applicants must be wearing Saddle Seat show attire.
- Coaching of the applicant during the video test or reading of the pattern is not permitted.
- Tack for the video will include a cutback saddle, double bridle or snaffle bridle with two reins and a running martingale (martingale rein to be used as the curb rein).
- The video test must include continuous and unedited footage of:
 1. Rail work (as per below);
 2. Applicant to direct their horse to go into line after Rail work segment. Video footage to continue to include video all around the rider and horse at a halt (as in a horse show line up)
 3. Rider to leave the line-up and execute SSC Pattern #3 (as per attached).

B. VIDEO TEST SEQUENCE: (RAIL WORK AND PATTERN)

1. SSC RAIL Work Test – to be judged out of a perfect score of 100 points as per ISSEA (International Saddle Seat Equitation Association) Judging Guidelines.

- a. Start at a halt, on the left rein, at the end wall of the arena looking down the straight-of-way of the long side of the arena.
- b. From a halt move up to a trot on the correct diagonal.
- c. Halt at the end of the straight away before the turn of the arena.
- d. Walk around the end of the arena and halt at the straight away.
- e. Trot down the straight away and halt at the end of the straight away.
- f. Walk around the end of the arena and halt at the straight away where you started.
- g. Continue this same sequence cantering on the correct leads down the straight-away, halting at the corners. Walking around the ends of the arena.
- h. Once the last halt at the end of the last canter straight away has been completed, halt then pivot to reverse.
- i. Repeat the trot sequence and canter sequence in the same manner on the right rein.
- j. Once the last halt at the end of the last canter sequence has been completed, trot “into the lineup” in the middle of the arena, halt and park. (The video should show the rider in the line up from the front view of the rider on the horse, then the side view of the rider and horse, then the back view of the rider on the horse and finally the final side of the rider and the horse.

Saddle Seat Canada – Equitation Pattern
 Three-Gaited Workout #3



1.	Enter the ring at the trot and continue against the rail to the midway point of the straightaway. (Point A)	10
2.	Stop at Point A.	10
3.	Back up three steps.	10
4.	Canter a circle to the left. Stop at Point A.	10
5.	Trot on the incorrect diagonal to the end of the straightaway (Point B). Stop at Point B.	10
6.	Canter around the turn down the next straightaway to midway Point C. Stop at Point C.	10
7.	Trot a circle to the left.	10
8.	Continue at the trot against the rail and exit the ring.	10
9.	General horsemanship	10
10.	Overall picture	10
TOTAL:		100

SADDLE SEAT CANADA RAIL WORK SCORE SHEET

Rider: _____ Date: _____

Judging Criteria:

Competitors will be judged on the following criteria: The rider’s Saddle Seat Equitation and the execution of each of the rail pattern elements for a possible total of eighty (80) points, Horsemanship for a possible total of ten (10) points and Overall Picture for a possible total of ten (10) points. The total possible score is 100 points. A rider who is off pattern or fails to perform a prescribed element will receive a score of zero. The scoring is based upon the ISSEA Judging Guidelines.

- 1. Element Trot, Halt, Walk, Halt Score (10) _____
 - 2. Element Trot, Halt, Walk, Halt Score (10) _____
 - 3. Element Canter, Halt, Walk, Halt Score (10) _____
 - 4. Element Canter, Halt, Walk, Halt Score (10) _____
 - 5. Element Reverse, Trot, Halt, Walk, Halt Score (10) _____
 - 6. Element Trot, Halt, Walk, Halt Score (10) _____
 - 7. Element Canter, Halt, Walk, Halt Score (10) _____
 - 8. Element Canter, Halt, Walk, Halt Score (10) _____
 - 9. Horsemanship Score (10) _____
 - 10. Overall Picture Score (10) _____
- Total Score: Score (100) _____

Evaluator Name: _____

Evaluator Signature: _____

SADDLE SEAT CANADA PATTERN SCORE SHEET

Class #: _____ Judge: _____ # of Entries ____ Pattern: _____ Date: _____ Rider Name or #: _____

Judging Criteria:

Competitors will be judged on the following criteria: The rider’s Saddle Seat Equitation and the execution of each of the pattern elements for a possible total of eighty (80) points, Horsemanship for a possible total of ten (10) points and Overall Picture for a possible total of ten (10) points. The total possible score is 100 points. A rider who is off pattern or fails to perform a prescribed element will receive a score of zero. The scoring is based upon the ISSEA Judging Guidelines.

- 1. Element _____ Score (10) _____
 - 2. Element _____ Score (10) _____
 - 3. Element _____ Score (10) _____
 - 4. Element _____ Score (10) _____
 - 5. Element _____ Score (10) _____
 - 6. Element _____ Score (10) _____
 - 7. Element _____ Score (10) _____
 - 8. Element _____ Score (10) _____
 - 9. Horsemanship Score (10) _____
 - 10. Overall Picture Score (10) _____
- Total Score: Score (100) _____

Evaluator Name: _____ Date: _____

Evaluator Signature: _____

Keep Fit Riding Regime

Fit Rider=Happy Horse

2-3 times per week

Warm Up



Lateral Band Walk

30 seconds/8 Second Rest x 10

- put resistant band above knees
- semi squat in riding position
- side step, alternating steps to the left then to the right
- challenge by lowering the band to your ankles

Cardio



Resting Heart Rate: Beats per minute resting

Maximum Heart Rate (MHR): $220 - \text{Your Age} = \text{MHR}$

Target Heart Rate (THR): $\text{MHR} \times \text{approx } \%70 - \%80$

-exercising at your THR will maximize your workout without over stressing your heart.

eg. $220 - 30 \text{ years} = 190 \text{ bpm} \times .70 = 133 \text{ bpm (THR)}$



Treadmill

Goal is to run 1 Mile under 10 minutes keeping your THR and bringing your HR back to normal in approximately 2 minutes.

Challenge by adding incline or distance.

OR Marching



12 Rounds @ 8 Seconds/2 Second Rest x 4 (4 sets)

- keep back straight and lift knees to waist height
- march as fast as you can for the 8 secs staying at your THR (check HR after each set of 12)

-Challenge, add weights to ankles and or arms

1

Core

Stir The Pot

15 Sec each direction x 3 Reps



- plank position with elbows on the ball (elbows should be directly under armpits)
- engage core muscles and do not drop hips
- keep feet shoulder width apart
- circle your elbows to your left for 15 seconds then without stopping (keep body still) circle to the right for 15 more seconds, rest for 10 seconds and repeat 3X

Pelvic Bridge

10 Sec hold(5 sec rest) x
10 Reps



- strengthens core, back, glutes, thighs & hamstrings (posting trot!)
- relax upper body & back while drawing in your abs and pelvic floor muscles, press hands & forearms into the floor & slowly push your pelvis up.
- keep your back straight.

Curl Up

3 Sec Hold x 10, 4 Sets



- alternative to the basic curl up for preventing lower back injuries
- one leg straight with other leg flexed
- hands under back to support spine
- lift elbows as you tighten abs to lift head and shoulders up, hold for 3 Sec repeating for 10X
- do 4 sets of 10, alternating legs

Strengthening



Plank

10 Sec hold, 7 Sec rest X 10

- plank works almost every main muscle!
- get into push up position
- bend elbows & rest weight on forearms
- your body should form a straight line from your shoulders to ankles
- engage your core by stiffening abdominal wall (don't drop hips, or have bum too high)
- don't drop knees
- hold for 10 sec, rest 5 sec & repeat 10X



Ball Squat

20 squats, 45 sec Rest
X 4 Sets

- with ball on wall, position the small of your back on ball & lean against it in riding position
- pull shoulder blades down & back, lean into ball as you shift your weight into your heels
- push upwards into standing position as ball rolls down
- challenge, add wrist weights



Knee Push Ups

15 push ups, 45 sec rest
X 4 Sets

- lie on floor with hands slightly wider than shoulder width
- bend knees & raise body up off floor by extending arms almost straight
- lower body by bending arms, keeping body straight, engage core by stiffening abdominal wall
- Challenge, work off toes instead of knees



3

Stretching



Reclining Twist

- extend opposite arm out
- bend both knees up and then twist both knees opposite to the extended arm



Hamstrings/Calf

- lying flat on back with one leg straight on floor, bend your other knee up and gently straighten leg using a belt around your foot
- hold for approx 45 secs ea
- bend other knee to make easier



Quad

- pull heel toward buttocks until stretch is felt in front of thigh
- hold 45 Secs each leg



Hip, Internal Rotators

- Gently pull foot & knee toward shoulder, rotating @ hip
- hold 45 Sec each leg

Child's Pose

- in kneeling position, drop butt towards heels as you stretch the rest of your body down & forward
- shoulders & neck relaxed



Groin/Neck

- sit with heels as close to groin
- gently push elbows down on knees for groin 45 Sec hold
- hold feet, extend arms, pushing shoulders forward till you feel stretch in shoulders and neck 45 Sec hold



4

SADDLE SEAT CANADA RIDER FITNESS – TEST AND FITNESS SCORE SHEET

Rider Name: _____ Date: _____

Target Heart Rate: _____/bpm

Please be aware that your fitness levels are being tested at your own risk. If there are any exercises that you do not feel comfortable doing, please notify the person conducting the testing. Only push yourself to where you feel comfortable. You have been given these exercises prior to this testing and have been asked to train yourself at least 3 times a week doing these exercises to prepare for this testing. Please understand that getting full scores on these tests requires a substantial amount of practice and training prior to this testing.

I acknowledge that I am doing these exercises at my own risk and take full responsibility of what my capabilities are in doing the following tests. I understand that if I push myself beyond my fitness capabilities there could be risk of injury and I will stay within my capabilities. I understand that Saddle Seat Canada is not liable for any injuries that may incur during this testing and I have the right to decline any exercises I do not feel comfortable doing by making my decision not to participate to the fitness evaluator.

Signature of Athlete being Tested or Signature of Athlete's Guardian (if under 18)

Please refer to the Saddle Seat Canada "Keep Fit Rider Regime" for information on how to correctly perform the exercises.

Warm Up:

Lateral Band Walk: 30secs side stepping/8secs rest x10, alternate left to right

Cardio: Mile Run OR Marching

Mile Run: Time=_____ Heart Rate=_____bpm

9:00Min =40

9:15Min=38

9:30Min =36

9:45Min=34

10:00Min=32

10:15Min=30

10:30Min=28

10:45Min=26

11:00Min=24

11:15Min=22

11:30Min=20

11:45Min=18

12:00Min=16

12:15Min=14

12:30Min=12

12:45Min=10

13:00Min=8

13:15Min=6

13:30Min=4

13:45Min=2

14:00Min=0 Minus 1 Point for every 1 Beat off the required THR

Score____ /40

OR

Marching

2 Minutes Marching, Do 4 sets

Set 1 /10

Set 2 /10

Set 3 /10

Set 4 /10

Minus 1 Point for every 1 Beat off the required THR

Score____ /40

Stir the Pot

Execute the Stir the Pot exercise changing directions of the circular arm movement often and see how long you can hold form and continue to stir the pot. Time will be stopped if you lose your form, you stop the circular movements, you come off the ball or are ready to stop.

2:00min=10points
1:45min=9 points
1:30min=8 points
1:15min=7 points
1:00min=6 points
0:50min=5 points
0:40min=4 points
0:30min=3 points
0:20min=2 points
0:10min=1 point

Score___ /10

Ball Squat (1min)

Execute the Ball Squat Exercise and do as many correct squats as possible in 1 minute. Your thighs must be horizontal to the ground as you squat and your weight pushing into your heels (not your toes) for a squat to be counted.

60 squats=10 points
55 squats=9 points
50 squats=8 points
45 squats=7 points
40 squats=6 points
35 squats=5 points
30 squats=4 points
25 squats=3 points
20 squats=2 points
15 squats=1point

Score___ /10

Knee Push Ups (1min)

Execute the knee push up exercise and count how many proper knee push ups you can do in 1minute. You must keep your proper form to have the push up count.

50 pushups=10 points
45 pushups= 9 points
40 pushups= 8 points
35 pushups= 7 points
30 pushups= 6 points
25 pushups= 5 points
20 pushups= 4 points
15 push ups=3 points
10 pushups=2 points
5 pushups=1 point

Score ___ /10

Pelvic Bridge

Execute the pelvic bridge exercise and hold the position as long as you can up to 2:30 minutes. Time will stop if you come off the ball, lose form or are ready to stop.

2:30mins=10 points
2:15mins=9 points
2:00mins=8 points
1:45mins=7 points
1:30mins=6 points
1:15mins=5 points
1:00mins=4 points
0:45mins=3 points
0:30mins=2 points
0:15mins=1 point

Score___ /10

Riding Position Ball Balance

Sit on the yoga ball in riding position with your feet off the ground and hold the position for as long as you can up to 2:30 minutes. Time will stop if you come off the ball, feet touch the ground or you are ready to stop.

- 2:30mins=10 points
- 2:15mins=9 points
- 2:00mins=8 points
- 1:45mins=7 points
- 1:30mins=6 points
- 1:15mins=5 points
- 1:00mins=4 points
- 0:45mins=3 points
- 0:30mins=2 points
- 0:15mins=1 point

Score___/10

Plank

Execute the plank exercise and hold for as long as you can up to 2 minutes. You must hold perfect form. Time will stop if you break form, start excess trembling, lift bum too high, drop knees or are ready to stop.

- 2:30mins=10 points
- 2:15mins=9 points
- 2:00mins=8 points
- 1:45mins=7 points
- 1:30mins=6 points
- 1:15mins=5 points
- 1:00mins=4 points
- 0:45mins=3 points
- 0:30mins=2 points
- 0:15mins=1 point

Score___/10

TOTAL SCORE: _____/100

Evaluator Name: _____ Date: _____

Evaluator Signature: _____

SADDLE SEAT CANADA – 2019 INVITATIONAL TEST EVENT APPLICATION FORM

NAME:

ADDRESS:

PHONE #:

DATE OF BIRTH:

EMAIL:

CURRENT COACH'S NAME

& BARN NAME:

CURRENT COACH'S PHONE #:

HORSE'S REGISTERED NAME

HORSE'S BREED REGISTRATION #:

& BREED:

- 1.** Currently, are you working &/or attending school? List your current grade and school name &/or your current employer and job title.

- 2.** How many years have you been riding Saddle Seat Equitation? List the professional coaches that you have worked with during that time and list the dates you trained with each coach.

3. List all equestrian prizes or equestrian titles that you have won within the last 5 years.
(Include a brief description of the prize or title).

4. Please list any Equestrian Clinics/ or Invitationals that you have attended:

5. Are you currently competing in Saddle Seat divisions?

Yes No

6. Are you currently taking riding lessons and, if so, how often and with what coach?

7. List the show divisions you competed in during the 2018 &/or currently competing in the 2019 show season i.e. equitation, show pleasure, etc

8. List any international shows that you attended in 2018 &/or 2019 and your show results, by class, including your placing in the class and the number of entries.

9. If you are not showing at all, please detail the cause (sold horse, college, etc.) and outline what you are doing to keep 'riding-fit'. List the last time you showed, the show name, division(s), placing(s) and number of horses in the class(es).

10. List your personal equestrian strengths.

11. List your equestrian weaknesses.

12. Why do you think that you should be selected as a member of Team Canada and how do you feel that you can contribute to Team Canada's success?

13. Do you have a current Canadian passport? If so, please attach a copy.

Yes

No

14. Please add any other information that relates to your consideration for Team Canada.

REFERENCES

(Written references must accompany your Application and must be signed by the reference provider.)

1. Please provide at least one written reference letter from a professional coach/instructor that has worked with you. Ensure the reference letter provides details on your saddle seat and equitation abilities, your equestrian successes, your strengths, show abilities and the length of time your reference has worked with you. Ensure the letter includes the coach's/instructor's signature, the coach's/instructor's name, barn name, phone number, email address and current coaching designations, if any.
2. Please provide one written reference (non-horse related and not related to you) from an employer and/or teacher. Ensure the reference letter includes details about your work or school successes, and the timeframe that your reference has worked with you. Ensure the letter includes the reference's name, the reference's signature, and phone and email contact information.

Saddle Seat Canada Code of Conduct Policy Statement

- ❖ SSC is committed to providing an environment in which all individuals are treated with respect. Members of SSC shall refrain from comments or behavior that is disrespectful, offensive, abusive, racist or sexist. In particular, behavior that constitutes harassment or abuse will not be tolerated by SSC.
- ❖ During the course of all SSC activities and events, members must avoid behavior that brings the team into disrepute including but not limited to abusive use of alcohol and non-medical use of drugs.
- ❖ Members shall not use illicit drugs/narcotics or performance enhancing drugs or methods, and shall agree to submit to random drug testing as requested.
- ❖ Members shall at all times adhere to SSC operational policies and procedures, to rules governing SSC events and activities, and to rules governing any events in which the member participates on behalf of SSC.
- ❖ Members shall not engage in any activity or behavior which interferes with a competition or with any rider's preparation for a competition, or which endangers the safety of others.
- ❖ Failure to comply with this Code of Conduct may result in disciplinary action in accordance with the Discipline policy of SSC. Such action may result in the member losing the privileges that come with membership in SSC, including the opportunity to participate in World Cup or Invitational activities.
- ❖ As a member of Team Canada and a member, alternate member, coach or manager of the Saddle Seat Canada team, I acknowledge my obligation to uphold and adhere to the highest standards of horsemanship, sportsmanship and citizenship whenever I am representing my country whether as a team member, alternate member, coach or manager.
- ❖ As a horseman, I will place my horse's welfare above all other considerations.
- ❖ As a sportsman, I will know and will comply with all the pertinent rules of Equine Canada, Saddle Seat Canada, the International Saddle Seat Equitation Association (ISSEA), and honor the principles of fair play inherent in them. I will place the best interests of the Team above my own, and accept the decisions of Saddle Seat Canada Board made in the Team's best interest.
- ❖ As a citizen, I will respect the laws of my own country as well as those of foreign countries in which I may compete. I acknowledge that I also serve as an Ambassador for my sport, Saddle Seat Canada and my country. I will endeavor at all times to reflect credit on them through my conduct.

I understand and accept that serious or repeated transgressions of this code may be grounds for immediate elimination from the team and competition. In the event that I were to be dismissed from the team, I and/or my parents/legal guardians will be responsible for reimbursing Saddle Seat Canada for any expenses incurred to date on my behalf including, but not limited to: travel expenses, such as airfare, and other taxes and deposits as well as equipment, clothing and official gear. Similarly, I will be responsible for reimbursing Saddle Seat Canada for any additional expenses incurred as a result of replacing me with an alternate rider.

Any infraction that results in dismissal while on route to, or in the course of the official International Saddle Seat World Cup or Invitational Event or on any related tour preceding the competition, shall result in my being barred from the competition in any or all remaining and future events or attendance at any remaining official functions. I and/or my parents/guardians will solely be responsible for securing and paying my return travel to Canada.

I understand that my official term as a member of Team Canada and a representative of Canada continues from the date of my selection to the team through to such time as our next team is chosen. Up until that time, I understand that I may be requested to attend training, fundraising or public relations appearances on behalf of the Team. Therefore, I commit to exemplary behavior during my full term as an SSC team member.

I acknowledge that it shall be the sole right and responsibility of the Board of Saddle Seat Canada to adjudicate matters pertaining to violations of this code of conduct.

My signature below confirms that I have read, understand and agree to the terms of this Application, Video Submission, References, Saddle Seat Code of Conduct and Saddle Seat Policy and Procedures as outline in the online Manual.

SIGNATURE OF APPLICANT/RIDER

DATE

PRINTED NAME OF APPLICANT

PARENT OR GUARDIAN
SIGNATURE IF APPLICANT IS
UNDER 18

Saddle Seat Canada Application Check List:

- ✓ **Completed application form with all questions answered and signed appropriately**
- ✓ **\$100 Application Fee (cheque or money order payable to Saddle Seat Canada)**
- ✓ **Fitness test score sheets signed by the scorer (parent/guardian/instructor) including their contact info (phone and email)**
- ✓ **Code of Conduct Policy Statement Signed**
- ✓ **Copy of your Canadian Passport**
- ✓ **Copy of current Equestrian Canada Sport License**
- ✓ **Copy of current Equestrian Provincial Sport Organization membership**
- ✓ **Copy of or proof of payment for current Saddle Seat Canada Membership**
- ✓ **Head shot picture of applicant in show riding attire submitted digitally to admin@saddleseatcanada.com and a hard copy to be submitted with application**
- ✓ **Riding picture of applicant in show riding attire riding a Saddle Seat horse (preferably a show picture) - hard copy to be submitted with application**
- ✓ **You Tube Video link submitted and link included in application**
- ✓ **Coach/Instructor reference letter**
- ✓ **Non-horse related reference letter**